



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

WINTER 2007



*From the
ASGPP
President*

By Nick Wolff

"Change is the law of life," wrote John F. Kennedy, "and those who look only to the past or present are certain to miss the future." It was always my hope that the changes we would make while I was President would help create the foundation for a new direction in our society, and that as a society we would be part of a positive force for change in the larger world. Our methods and philosophy provide the capacity for us to be visionary, forward thinkers, and the world needs us now more than ever. But progress is measured in small, gradual steps that build one upon the next, and as my role as President comes to an end, I want to reflect on some of the steps we took in that new direction.

This is my last column as President, and I want to refer back to my first one, in the Spring/Summer 2005 issue, where I listed some areas I intended to develop and focus on during my term. One goal – to strengthen and increase communication – was addressed by some major developments on our newly redesigned website, www.asgpp.org. For example, if you wanted to com-

(Continued on Page 10)

ASGPP ANNUAL CONFERENCE

New York Marriott at the
Brooklyn Bridge
New York, NY

April 26th - April 30th 2007

GIVE PEACE A CHANCE



KEYNOTE ADDRESS



Amy Goodman, award-winning journalist and best-selling author, is producer and co-host of *Democracy Now*, a daily news program she produces and co-hosts with Juan Gonzalez that is heard on over 500 stations in North America and provides a unique and vital contribution to the national conversation. The program's in-depth coverage that includes the voices and stories of those rarely heard on corporate-sponsored media — international journalists, average citizens here and around the world living with the consequences of U.S. foreign policy, grassroots leaders and peace activists, artists, academics and independent analysts and The War and Peace Report, which features real debate between people who deeply disagree, are an outstanding contrast to mainstream, corporate-owned media coverage. She will be signing copies of her most recent national best-seller *Static*, co-written with her brother David Goodman, after her conference keynote address. Her book *The Exception to the Rule: Exposing Oily Politicians, War Profiteers, and the Media that Love Them*, also written with David Goodman, was chosen by independent bookstores as the #1 political title of the 2004 election season and was named one of the top 50 nonfiction books of 2004 by the editors of *Publishers Weekly*. She is the recipient of many national awards, including the George Polk Award for Radio Reporting, the Alfred I. DuPont-Columbia Silver Baton for Excellence in Broadcast Journalism, the Edwin H. Major Armstrong Award for Best Radio Documentary and First Place in the Robert F. Kennedy Memorial Prize for International Radio Documentary. For complete information about her work, life, and the up-to-the-minute news about the events that shape our world go to www.democracynow.org.

— More Conference Highlights on Page 7 —

INSIDE THIS ISSUE:

The Whole of Mankind.....Page 2
This is Your Council.....Page 3
Winning The War Within.....Page 4

Action Board..... Page 5
A Message from Zerka..... Page 6
Annual Conference..... Page 7

Psychodrama Network News

WINTER 2007

Published three times a year by the American Society of Group Psychotherapy and Psychodrama, 301 N. Harrison St., Suite 508, Princeton, N.J.

PNN articles may be copied for personal use, but proper credit to PNN must appear on all copies made. This permission does not apply to reproduction for advertising, promotion, resale or other commercial purposes.

Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

Editor: Joe Romance
Design Editor: Patricia Phelps

Contributing Editors and Writers:
Sue Barnum Staci Block Dave Moran
Zerka Moreno John Raspberry Michael Traynor
Jude Treder-Wolff Nicholas Wolff

ASGPP President: Nick Wolff
Executive Director: Eduardo Garcia

Advertising information and member address changes:
ASGPP
301 N. Harrison St., Suite 508, Princeton, NJ 08540
(609) 452-1339 (phone) (732) 605-7033 (fax)
asgpp@asgpp.org www.asgpp.org

Executive Director, American Board of Examiners
in Psychodrama, Sociometry and Group Psychotherapy:
Dale Richard Buchanan, Box 15572, Washington, DC
20003-0572, (202) 483-0514,
abepsychodrama@yahoo.com

Send press releases, letters to editor and other news
to the ASGPP: asgpp@asgpp.org
Please put "PNN Copy" in the Subject

Publication deadline:
SPRING/SUMMER: May 30 for publication June 30
FALL: Sept. 1 for publication Nov. 1
WINTER: Dec. 1 for publication Feb. 21

The Whole of Mankind



by Sue Barnum

FROM ARKANSAS TO AFRICA, IN ACTION

This column is devoted to highlighting the work of ASGPP members who are using their action method skills outside their treatment and training rooms for the betterment of mankind. One of the things that drew me to Moreno's methods was his vision for their use in different cultures and communities. I find such enormous creativity in this community in that almost every member I speak with has ideas about how to benefit our culture with these amazing methods. I think you will find Mary Bellofatto's work very inspiring.

For the last six years, Mary has been going to Africa with her brother, whom she describes as "a visionary, builder and retired pastor who has dedicated himself to bringing hope to Third World countries." He was moved and intrigued with Mary's enthusiasm about using psychodrama in her work and asked if she'd be willing to go with him to Rwanda, East Congo and Burundi. He imagined psychodramatic methods being helpful in the areas of healing and reconciliation. Since she had fallen in love with Africa on her honeymoon in 1973, her answer was an unqualified "yes."

Mary grew up in rural Arkansas, the youngest of seven children, in an era when segregation and prejudice were part of the culture. On a hot summer day at the age of five, living on a 100-acre farm (part of an old land grant) she'd seen the trail of an airplane in the sky and had declared to her sister that one day she would travel the world speaking to people. Such is the vision of children! After graduating from the University of Arkansas, Mary left home and went to live with her brother in Maine. She met a Dr. Goodof, a pathologist and medical researcher who hired her to help him, and the die was cast for her to be a medical researcher. Her interest in medicine was sharpened when her favorite sister and best friend died of Hodgkin's disease during that time. Mary began to travel extensively for the research company that employed her.

She noticed on her travels that people seemed to pour out their hearts to her, revealing very personal information. They seemed to feel better just having said how they were feeling. This drew Mary to grad school in psychology, with her company paying her full time for 1/2 time work (they liked her!). Upon graduation, she opened the Covenant Counseling Center, under her ownership and direction, in Boston.

Never one to let grass grow under her feet, her move to Florida in 1986 (her husband's initiative) found her setting up a private practice in no time. But within a month, the director of an addiction treatment center offered her a job. Her first thought was "How did he get my name?" But just behind that came the assurance that this was the direction her deep faith was taking her, an awareness that she was going to "leave her footprints in peoples' lives."

True to form, within three years, she was clinical director of this 92-bed psychiatric hospital, where she worked for fifteen years. Soon she attended Dale Buchanan and Nina Garcia's psychodrama summer camp.

Now, Mary's response to this group of folks was not "Wow!" but "Wow, what a weird group of people!" Little did she know that she was about to become one of them...and that's a compliment. Long story short, she began psychodrama training in 1990 and never quit...she's just learning different things

(Continued on Page 8)

THIS IS YOUR COUNCIL

"I do know the only ones among you who will be really happy are those who have sought and found how to serve."
Albert Schweitzer

A REPORT FROM THE PRESIDENT-ELECT

Greetings Members,



I am writing to you as the President Elect, soon to become President at the Annual Conference. In my last article I mentioned that I would share the agenda I am warmed up to developing at this time. I present this to you as a grocery list for I am interested in developing a dialogue with the membership. I would hope that

this dialogue will bring about the co-creation of many dynamics and processes that will benefit us all.

These are not listed in order of priority:

- 1) Appoint a Finance Committee charged with reviewing our financial structure and making recommendations as to how this society can become more solvent.
- 2) Increase membership
 - a) Continue developing the Institutes Program;
 - b) Return to campus to attract the student to join and seek certification.
- 3) Continue examining the by-laws and when appropriate recommend up-dates, modifications or changes.
- 4) Examine the structure of chapter and collective membership and the society's relationship with each.
- 5) Develop a Task Force charged with the review, re-printing, reproduction and dissemination of literature from many of the out-of-print volumes from various authors.

Note: The Publications Committee has been handling the literature that has been posted on our Website previous to this article. Three members of our society have been providing this information on our Website, but many more are needed

- 6) Development of an Archival Committee. Attention has been brought to the reality that many of the elders of our society have volumes of information, in many forms, that need and will need somewhere to go. The time is now to develop a strategy and "place to go" for these vital and historical works.

Well, there it is for now. I reserve the right for my warm-up to change. I can't do this alone. The Executive Council can't do this alone. Please contact any member of the council if you want to be involved. If you have suggestions, concerns, input, please remember to log on to the Members Forum on the ASGPP Website and place your thoughts where we all can see and join in the discussion. I will be posting this agenda on the website so you can have a reference.

*Here to serve,
John Rasberry, President-Elect*

PUBLICATIONS COMMITTEE:

What an exciting time around the Publications Committee. The re-printing of numerous books from J.L. Moreno to works by Doug Warner, TEP are in the making. Plans are to make a number of out-of-print publications available to the membership on the ASGPP Website. Chapters from various works will be posted online and available for download. It is the intention to post works from different psychodramatists each month. Entire compilations will also be made available for purchase, as they are re-printed. Notifications of available works will be posted on the ASGPP Website. These works will include past selections from the *Journal* as published by Beacon House, manuals from various psychodramatists, past newsletter articles and books currently out of print.

Doug Warner, TEP, who is now deceased but was a prominent member of the society whose works have seldom been distributed, has been featured in the first online posting. The Warner family has been most gracious in granting ASGPP permission for the re-printing of many of Doug's works. I hope this is old news by now as many of you have discovered this wonderful resource on the ASGPP Website. If you have suggestions for re-prints please let the Publications Committee know by posting a notice in the Members Forum section of the Website or contact the national office.

A Literature Committee will be appointed that will be responsible for the collection, review and posting of these re-prints. If you have an interest in serving on this committee please contact the national office.

Regarding the *Journal*, I encourage you to work with the Editors as we attempt to make the *Journal* a dynamic aspect of our society.

Well, I said last PNN that you would not hear from me again as Chair of Publications. Never say never. Until a new chair is appointed, you'll keep hearing from me.

*Talk to you next time,
John Rasberry, Chair*

MEMBERSHIP REPORT

We are in the process of reaching out to our current members so that we can update the contact info on our website's membership directory. If you have a change in e-mail address, or have one now and did not before, please let us know as soon as possible so that you can begin to receive the E-Blasts that are being generated about our upcoming conference, as well as other significant ASGPP business. We want you to be included and

(Continued on Page 9)

Winning The War Within

By Jude Treder-Wolff

The devastating effects of war on a person's soul and mind are of particular urgency and resonance right now because of the current world situation with wars in Afghanistan and Iraq dragging on with no end in sight. On his website – www.makingandunmaking.com – Larry Winter, BPS, LMHC, includes a disturbing statistic from the last major war that has stark relevance to our country at this time. "As of today," he writes, "over 100,000 Vietnam veterans have committed suicide. It does not take much foresight to project what society will look like ten to fifteen years from now if we don't address the men and women returning home. Homelessness, suicide, battering, and joblessness will become more rampant, costing society financially as well as emotionally." A veteran mental health professional who has served the needs of patients at Four Winds Hospital in Katonah, New York as well as countless participants in men's and other groups over the past 20 years, Larry is himself also a Vietnam combat veteran. He will facilitate an experience that allows participants to examine the effects of war on our own and on soldiers' being in his workshop "Why We Won't Ask War Veterans What They Know" at the annual conference.

In 1994 Larry returned to Vietnam with a group of health care professionals from the West Haven Veterans Administration, on a mission to study Post-Traumatic Stress Disorder among the Vietnamese people. The trip was organized by a government-sponsored travel agency set up by President Eisenhower called People To People, and occurred around the time President Clinton was making efforts to normalize relations with Vietnam. "We met with General Diap. He invited the six of us that were veterans to do to dinner with him," Larry reports. "The General told of being in a boat in the middle of the Perfume river with Ho Chi Minh planning a battle. While they were there they read poetry to each other. He then recited a poem that he had read sitting in that boat. Then he paused."

The following is excerpted from Larry Winter's soon to be released book *The Making and Unmaking of a Marine*:

In the General's pause I asked "Could you recite the poem for us, sir?"

He nodded.

What I remember of Professor Dung's translation is:

*Voices travel great distances over water.
Starlight in the fish's eye.
A mother's tears drop to the river.
All Vietnam floods.*

Everyone told the General how much they liked his poem and the party continued. It was getting late when I finally spoke to Professor Dung, asking him if he would translate what I had to say to the General. He said yes and I started.

"General Diap, Sir, I have brought with me my Crew Wings, the most honorable symbol I have of my war experience. I fired my weapon on your people. I tried hard to kill your people. I am not proud of killing. I want to give you these wings as a gesture of peace between us. Now I give up the hatred for the Vietnamese I have carried for years."

I walked around the table, stood before the general, handed him my wings and saluted.

"General Diap, I too am a poet and would like to read you a poem I have written for this occasion."

*If a man kills a man
He must dig two graves,
One in the earth for the dead man,
One in his heart, for the dead man's spirit,
Or he will not return.*

At our final meeting in Vietnam we met with another General, the famous General Giap, the genius of guerilla warfare. During that meeting David R. Johnson our group leader spoke. "Many years ago we dropped bombs on you; they did not work. Today we will try poetry." David then motioned to me.

I stood and pointed my finger at the colonel who'd spoken about losing his wife. "I wrote this poem for you, my friend, who just spoke about his hatred for Americans." I had arranged with Hoa, our interpreter, to translate my poem as I read it.

*Viet Cong,
The spirit that I have taken from your heart
From your country
From your land
From your people
From your beauty
From your soul
From your mothers
From your fathers
From your children
I return to you.
I am one man.
I have lived with sadness.
Holding your spirit prisoner in my heart.
Forgive me.*

(Continued on Page 11)

ACTION BOARD

* **David A Kipper, DA, PhD, ABPP, TEP** presented at a number of conferences in the USA and Canada: American Group Psychotherapy Association (2/23/06) "Bridging the Gap: Incorporating Psychodrama Procedures in Verbal Therapies;" 27th Annual Meeting of the Canadian Group Psychotherapy Association (10/13/06) "Using Psychodrama Interventions in Verbal Group Therapy;" 2006 Annual Convention of the Illinois Psychological Association (10/27/06) "Action Methods in Psychotherapy."

* **Jean Campbell, LCSWI, CET III, TEP** conducted a one-day training at the Provo Canyon School (Utah) for the clinical staff who work with the adolescents at this treatment center/school (10/27/06). She also facilitated a first ever "Introductory Training in Psychodramatic Bodywork" to a group of clinicians in Phoenix, AZ (11/3-5/06)

* **Sylvia Israel, PAT, MFT, RDT/BCT** presented an introduction to psychodrama entitled "Opening the Heart: Creating Inner Peace" in Asheville, NC (11/21/06). She also presented at the Expressive Arts Conference in Newport Beach, CA (10/5-8/06). Moreover, she was recently hired to teach "Alternative and Innovative Psychotherapies" at both Dominican University (San Rafael, CA) and at the California Institute of Integral Studies (San Francisco, CA).

* **Lorelei J. Goldman, MA, TEP, Fellow** created a workshop entitled "Creativity and Action in Aging" which she presented to the Senior Theatre League in St. Louis, MO in October, using psychodramatic techniques to elicit thoughts on creativity in aging, culminating in a psychodrama.

* **Susan Aaron, BA, RMT, ASGPP 2006 Innovator's Award Recipient** has been taking Psychodramatic Bodywork into the First Nations communities across Canada for several years now. Because the bodywork component is very close to traditional healing methods, it has been well accepted by these communities and many counselors and healers in various reservations and agencies are directing psychodramas as part of their healing practices. Because the practicum component of this training program requires students to work together on assisting teams, there have been a great number of opportunities created for natives and non-natives to work together training others. This has created opportunities for cross-cultural exchange and bonding. In addition, Psychodramatic Bodywork has officially gone overseas this year. The first introductory level training in the UK was presented as a pre-conference workshop in Portsmouth in June. Because it was so well received, locals have organized introductory and intermediate-level trainings in January 2007 near Sheffield, England and the first advanced level training is

planned for June in Portsmouth before the annual UK conference. And on a personal note, Susan married her long-time partner, Paul Hyckie, in December in Toronto.

* **Peter L. Kranz, PhD, CP** presented "The Use of Action Techniques in a Race Relations Class" at the APA (Teaching Division) Conference titled "Best Practices in Teaching Diversity and International Perspectives Across the Psychology Curriculum" in Atlanta, GA in October. He also presented a similar workshop at the Texas Counseling Association Convention in San Antonio, TX in November.

* **Elaine Ades Sachnoff, PhD, TEP** of the Psychodrama Training Institute of Chicago, presented a workshop titled "Exploring Intensity" at the IAGP Conference in Sao Paulo, Brazil in July, 2006. The action session was simultaneously translated into Spanish by her 17 year old granddaughter, Alexandra Sachnoff, attending from LA.

* **Phoebe Atkinson, LCSW, TEP, Roberto Cancel, MSW, TEP and Suzie Jary, LCSW, PAT**, have launched a monthly Open Psychodrama Workshop on topics related to addiction and codependency for SATTI (Sexual Addiction Treatment and Training Institute) in Greenwich Village, NY. Phoebe and Suzie will also be conducting an experiential workshop "Diagnosing and Treating Co-dependency from a Developmental Perspective" for The Meadows' free lecture series in NYC on March 6, 2007.

* **Joseph Moreno** had an active year of international work. He gave workshop presentations in the area of music and psychodrama in Quanzhou and Chengdu, China, in Rome and in several other Italian cities as well as on the island of Pantelleria. He also gave workshops in Pula, Croatia, Ljubljana, Slovenia, Athens, Greece, Budapest, Hungary, Prague, Czech Republic, Santiago, Chile, Sao Jose de Preto, Brazil, and Monterrey, Mexico. He gave a pre-congress workshop and in-congress presentation at the IAGPP congress in Sao Paulo, Brazil. His article, "The Deeds of My Father: William L. Moreno," was published in the *British Journal of Psychodrama* (Vol. 21, Spring-Summer 2006) and his book, *Acting Your Inner Music: Music Therapy and Psychodrama* was released this year in Italian, Greek and Hungarian editions. He can be contacted through his website at www.morenoinnermusic.com. He will be presented with the ASGPP Innovator's Award at the 2007 Conference.

Message to the Membership from Zerka Moreno

Part II of Moreno's Influence on Martin Buber



Dear Colleagues,

As the years fly by and we are learning about the wonders of the internet — wonders which I fear not to be able to fully grasp — it is important that we keep up with technology. It is therefore encouraging that the ASGPP is starting

to take advantage of it and that it is being used by our membership.

We are now greatly indebted to David Silverman, a member of this organization, who has eagerly and lovingly undertaken to put *Who Shall Survive?* on the internet. This ground-breaking work by J.L. Moreno needs to come to the attention of a larger public in a place where everyone who has access to a computer can get into it without monetary outlay. My sense is that this is exactly what Moreno would have desired and he would today bless David's work as well as appreciate the profound understanding of its value as demonstrated by David.

So David, take these heartfelt THANKS from all of us; you richly deserve them. Now it is up to all of you to take advantage of this invaluable gift. The ASGPP is going to keep you informed. I imagine that there are quite a few persons who will want to take advantage of our new goldmine as soon as possible.

As mentioned in my article in the last issue of the PNN, I would like to tell you about some recent developments that establish Moreno's influence on Martin Buber.

Dr. Robert Waldl from Vienna, who presented at both the New York and Miami conferences, has discovered that J.L. Moreno influenced Martin Buber in his ideas of The Encounter. Moreno started his publications from 1914 onwards under the title series *Einladung zu einer Begegnung*, or *Invitations to an Encounter*, predating Buber's *Ich un Du*, or *I and Thou* by 9 years. Dr. Waldl is planning to publish his PhD thesis in German and we hope for an English translation in the not too distant future.

The significance of this discovery cannot be overestimated considering Buber's influence on philosophy,

theology and psychology. While it is true that Buber broadened the idea of The Encounter, he did not create instruments for it to occur. Moreno literally invited such meetings and furthermore, produced the various instruments we now use to facilitate the human encounter, sociometry, group psychotherapy, psychodrama, sociodrama. Furthermore, Buber failed to give credit to three other persons with whom he had contact, one of whom was his poet wife. Robert Waldl even gave clear evidence that Buber used practically the same rather eccentric language Moreno had employed. They knew each other because Moreno published a Buber piece in 1919 in the magazine Moreno edited, *Der Neuen Daimon*. It was a literary piece about Chassidism and had no relationship to the encounter. There is evidence of that connection from a handwritten letter dated September 26, 1918, from Moreno to Buber, confirming receipt of the latter's manuscript and even the payment made to Buber. The 1918 edition of the *Daimon* magazine contains an announcement of both their writings with that of Moreno's *Einladung zu einer Begegnung* smack under that of the Chassidic story of Buber. These items of evidence silence the subsequent discussion which had assigned to Buber the originating of these ideas since Moreno was the younger of the two.

Professor Eliot Sorel of Washington, DC is organizing a meeting in Romania in summer of 2007, honoring J.L. Moreno who was born in that country. The city of Sibiu, along with Luxemburg, has been designated as a center of European culture and 2007 is also the year in which Romania is joining the European Union. Dr. Sorel considered this the right opportunity to include J.L. Moreno in the celebration. The Romanian Classic Psychodrama Association, among others, is to be potential partners in this undertaking which includes also the International Association of Group Psychotherapy. Anyone interested in knowing more may write to me at: tmceline@adelphia.net.

It is very satisfying to know that history shows us the many ways in which Moreno left a lasting impact and that some of these are now coming to light.

Fondly,
Zerka Moreno

— ASGPP ANNUAL CONFERENCE —

OPENING PLENARY ADDRESS



Ann Hale, MA, TEP, Psychodrama Trainer with emphasis on sociometry and the story method, approaches the conference themes through that lens: "The idea of peace cannot exist without being fully conscious of all that destroys peace. To achieve peace, a sociometrist with peace-loving eyes and intent addresses with courage all the disturbed and ruined relationships which fuel the desire to retaliate. Instead of an 'eye for an eye' we seek always to be 'eye to eye, face to face' and to feel the deep role reversal which will inform true healing and forgiveness, in our lives and the ripples and waves out into the universe." A wealth of information about the science of human connection is available at her website www.sociometry.net.



Laura Chasin, MA, MSW is Co-Founder of the Public Conversations Project, which does ground-breaking work that moves individuals and groups toward constructive communication around divisive issues. In today's politically polarized environment, the skills and techniques advanced by her work are of particular significance. "Polarizing behavior compromises the health of some of our nation's oldest, most respected voluntary associations, social service agencies, and faith communities," she wrote in "How To Break the Argument Habit" which was published in the October 26, 2004 issue of *The Christian Science Monitor*. A rich archive of articles, news, and resources about this work is available at www.publicconversations.org.

SUNDAY MORNING ADDRESS



Dr. Paul Epstein, ND is a Naturopathic Physician, and healing coach who integrates mind-body therapies, Mindfulness Meditation and psychotherapy into his multi-disciplined whole-person approach. He co-founded and co-directed the Israel Center for Mind-Body Medicine, and has been in private practice for over 20 years. As a Sivananda-certified yoga instructor, he has also studied Buddhist psychology, meditation, stress reduction and psychotherapy in a spiritual context and has successfully advocated the clinical application and integration of these mind-body therapies. More information is available at his website www.drpaulepstein.com.

CONFERENCE CHAIRS



Louise Lipman, LCSW-R, CGP, TEP



Roberto Cancel, MA, LMSW, TEP

This conference is an opportunity to experience the power of action methods to understand and address the real and direct consequences to our personal and social health brought about by compelling problems of our time. An enormously talented roster of trainers will present a range of workshops that delve into the inter-connectedness of social and personal well-being and explore creative action to improve our individual and collective lives. We welcome you and hope you will encourage your colleagues to experience this rich and inspiring program.



**weekly and
monthly
personal growth
and
training groups**

4th annual 4 day residential weekend

Intimacy: Relationships, Clarity and Confusion

July 12th - 15th, 2007

Boughton Place, New Paltz, NY
FACILITATOR

Nan Nally-Seif, LCSW, DCSW, TEP

Credits for Casac's and CEU's for counselors and AGPA recertification

Nan Nally-Seif, LCSW, DCSW, TEP

Psychodrama Training at The Sociometric Institute
19 W. 34th St., Penthouse, New York, NY 10001
nnallyseif@rcn.com • 212 947 7111 ext 267

The Whole of Mankind

(Continued from Page 2)

now about how these methods can heal.

The genocide in Rwanda in 1994 left three million people dead. Mary shares memories of her first trip there: "Most people had died from being hacked to death by machetes. I visited the memorial sites and viewed bodies stacked in rooms with white disinfectant powder covering them, as they lay like cord wood, piled up. I cannot describe the emotions I felt as I looked at tiny skeletons with slashes in their skulls and their arms frozen in mid-air as if they were trying to protect themselves. I felt horror and shame that our nation did not help prevent this horror as we have done before in previous generations with different ethnic groups. From that moment I felt compelled to do whatever I could to bring hope to a desolate, broken group of people. I'm still learning how to connect with them, but through action, bright scarves, humor and a deep sense of who God is in my life I know the lives I have been privileged to work with have seen some amazing changes. I have worked on several levels, training and teaching about trauma, relationships, anger, resentment and hate...how to forgive their tormentors and murderers, to come to acceptance."

I was really curious about how Mary has gone about reconciliation among these people, most of whom knew the murderers of their friends and family members, since people turned against each other to save their own lives. In addition, she is working with groups containing both Tutsi and Hutu women. Mary states clearly that there was so much trauma that there is no way to "work through it," as we are accustomed to thinking. So she has devised action rituals to help them let it go. She says that Africans love metaphor and symbolism, singing and dancing. So in one workshop of 500 women (85 to 90% of whom had been raped, in addition to surviving the other horrors of the genocide), Mary put out 3 basins of water, pointing out water's cleansing qualities ("gets the dirt off"). She then spoke of the meaning of women's hands in that culture, tending children and crops, cooking and washing clothes. Finally there was an invitation to come and wash away the things that had happened that made them feel dirty and defiled. Then she waited. One woman came slowly from the back of the room as if she were sleep-walking. As she put her hands in the basin, tears rolled down her cheeks. Mary wiped them away with her own hands...and the woman broke down. Within moments, there were women lined up for their turn at the basins, sobbing, holding each other, washing each other's hands...sobbing, sobbing, sobbing. Slowly the sobbing turned into singing, then into dancing...for 2 hours.

Another action ritual involved asking women to name

the people they hated (people who killed their families). For each person they hated, one person after the other was tied to them so that they began to realize why they felt so burdened. It began to dawn on them that they couldn't carry this weight around...."it's killing me...I have to let it go." Mary reminded them that letting go of their hatred didn't condone what the others had done but it brought freedom.

Another ritual involved giving the participants different colors of clay and instructing them to make weapons of destruction and pain (machetes, bombs, knives, etc.), which were buried in a huge hole dug outside. Some beat the sculptures into the ground with bricks before the whole pit was covered with dirt and an invocation to bury the past so that the future might flourish. Mary donated funds to plant a bougainvillea on top of the 'grave,' signifying angst being turned into beauty...the plant is flourishing! There were also workshops about the resilience that the hardships had created in people. Out of all the horror, these hardships became gifts of sorts.

Another big project in this work is the establishment of micro-banks as a part of building community. Thirty women come together in a group, each with a business plan. One might buy a cell phone and go from village to village allowing people to make calls; another might make and sell charcoal (the fuel for all cooking); another might buy grain, rice or flour to sell in the market. Each woman is given \$100 to start and after three months the loan must be repaid with interest. At that point, 10% is put into an account for them and they are given another loan. The women must work as a group, filling in for each other if one is sick. Most of the women are out of the bank within a year and able to manage their businesses on their own. These banks have a 98% return success rate...and they rebuild the sociometry of the area. Mary and her group have started 10 banks. The one she started in Goma, East Congo, last year was named by the women *The Bank of Beautiful Made Women*, having found out that Mary's last name means "beautifully made." Mary's present goal is to start a Moreno micro-bank in Africa. If each conference attendee gave \$5-10, a significant statement about healing mankind would be made. You may contact her at marybelofatto@yahoo.com. And plan to attend her conversation hour at the ASGPP conference in NYC in April to learn more about her work in Africa and what you can do to contribute.

This is your Council

(Continued from Page 3)

not miss out on anything! Keep us posted. Stay connected!

Staci Block • SBlockNJ@aol.com, (201) 487-7835

Dave Moran • davidfmoran@comcast.net, (610) 357-3609

BYLAWS COMMITTEE

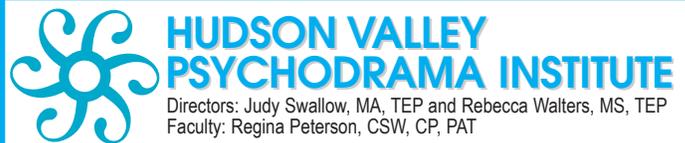
The recent proposals to amend the bylaws passed by a majority of the voting membership. Accordingly, the future terms of President, Secretary and Treasurer will be for three years. The office of President Elect has been abolished and replaced with the office of Vice President. The Vice President's term shall also be for three years. However, the first term of the Vice President shall run for two years concurrent with the new President's term. A new category of membership for Retirees exists for those fully retired from active practice. Further details are available on the website in the Bylaws Section of the Member Forum.

*Michael Traynor • mtrayno2@nycap.rr.com
(518) 427-6613 x 2*

EVALUATIONS COMMITTEE

The evaluations of the workshops from the conference in San Francisco were mailed out to all presenters. I am looking to create a new evaluation form so that it will be a one page document instead of two. Please contact me if you would like to contribute your ideas.

Staci Block • SBlockNJ@aol.com, (201) 487-7835



Summer 2007

July 19 - 23 — Psychodrama Intensive
August 23 - 27 — Directing Intensive

Year Long Programs

Core Training in Psychodrama (Meets six times a year)
Directing Core for Advanced Students (Meets three times a year)

For information visit www.hvpi.net
or contact us at hvpi@hvc.rr.com or at (845) 255-7502



**Suzanne Hanna, CSW
Sandra Edelman, LMSW**

Graduates of Hudson Valley Psychodrama Institute

Monthly Psychodrama Workshops
in Westchester County

Transitions: Knowing When to Let Go

Our Bodies/Our Selves:

What We Can and Cannot Change

Boundaries: Staying True to One's Self

Loss of Dreams: Healing and Moving On

**SeEdelman@gmail.com
914/714-0530**

12TH ANNUAL PSYCHODRAMA RESIDENTIAL FOR TRAINING AND PERSONAL GROWTH

Creating a Satisfying Life: Facing Blocks That Stop You

August 2nd - August 6th, 2006

Boughton Place, New Paltz, NY

Louise Lipman, TEP, LCSW, CGP

Donna Dupuis, TEP, RCSW

Weekly and Weekend Training Groups
and Directing Intensives

CEUs for CASACs & Counselors;
recertification credits for AGPA Members

Louise Lipman
Psychodrama & Creative Arts Therapy Institute, NYC
917-698-2663 / LipmanNYC1@aol.com

President's Column

(Continued from Page 1)

pare my stated goals in that issue with the progress described in this one, you would now find it online in an archive of past issues of the *Psychodrama Network News*. That and other features of the site offer us unprecedented communication between the Council and Officers and the membership, as well as among members. These features are:

- Event listings that can be changed as needed on a daily basis;
- News and announcements with up-to-the-minute changes;
- Online conference proposal submission, which greatly accelerated the conference preparation process;
- Discussions on The Forum;
- Current Online Membership Directory – we built into the website functions members' ability to edit their own contact information;
- Accurate information about chapters, which can enhance local psychodrama communities, as well as an online Chapter application form.

With the redesign of the site, we also gained the capability to send e-blasts to members and those interested in activities and news related to our society at no extra charge. This is a tremendous advantage to both our cost-saving efforts and our commitment to sustained contact with the membership. It has paid off in other ways as well. These e-blasts have contributed to a spike in membership, and our e-mail list is rapidly expanding. The good news is that we are growing, and according to the feedback I receive, the ease of joining online and the ongoing outreach from the Executive Council is key.

Another goal outlined in my first column involved stimulating interest in psychodrama among diverse groups. The "articles" link on the website will contribute to this goal by housing a rich, virtual library of materials that not only add to the knowledge base of therapists, trainers, educators and group specialists, but attract and inspire students, and researchers from other disci-

plines. This will include:

- Writings of J.L. Moreno and Zerka Moreno;
- Writings of significant psychodrama innovators;
- Well-written, well-referenced hand-outs from conference workshops or training presentations;
- Articles that interview prominent conference speakers and provide in-depth explorations of conference-related themes.

We have navigated some important transitions in the past year as well. Jude Treder-Wolff stepped down as PNN editor and Chair of the CEU Committee, making a seamless hand-off of responsibilities to Joe Romance and Suzie Jary, respectively. The Executive Officers and many on the Council stepped up to take on some very difficult tasks over the past two years, that in many cases required daily phone calls and e-mails. I deeply appreciate those ongoing contributions of time, energy, resources and plain hard work to make the changes we set out to make when I took over this role.

It has always been my intention that when John Rasberry takes on the role of President he is fully warmed up and can hit the ground running. John and I worked closely together throughout my time as President, and I was always grateful for his counsel, insight, knowledge of organizational dynamics, patience, and commitment.

He has my full confidence as he steps up to this job, and I know I leave you in good hands.

New Realities

Training Program

Basic and Advanced Clinical Experiential
Training in the Treatment of Eating Disorders
For Information Contact

New Realities Eating Disorders Recovery Centre



www.newrealitiescan.com

newrealities@rogers.com

905 763-0660 or 416 921-9670

Winning

(Continued from Page 4)

The TV camera stopped and stillness filled the room. In a spontaneous gesture, David said "Now may we come across the table and meet with you one-on-one?"

We led the way, moving single file towards the Vietnamese. Hands extended, we entered the crowd of green uniforms. Arms encircled shoulders, muffled slaps on backs. Tears squeezed out the corners of the eyes of both sides.

Two old men approached me. One man who had been the interpreter introduced the other man as his friend. They danced from foot to foot in front of me like school children. The interpreter asked if he could have the original of my poem. He explained that he and his friend would share the poem. I handed the poem to them. It was as if I'd given children candy. They bowed in unison. I placed my hands together before and bowed to them.

For information about how to purchase copies of *The Making and Unmaking of a Marine* or learn more about the healing work being done with America's veterans and their families go to www.makingandunmaking.com.

Sandra Edelman, LMSW
PSYCHOTHERAPIST

Individuals, Couples, Groups

•
Psychodrama

•
EMDR

Graduate of Hudson Valley Psychodrama Institute

280 North Central Avenue
Suite 125
Hartsdale, New York 10530
914-714-0530
SeEdelman@gmail.com

Susan Aaron Workshops PSYCHODRAMATIC BODYWORK®

Introductory Level Training — Susan Aaron, Trainer
Toronto, Canada — October 19, 20 & 21, 2007

Intermediate Level Training — Susan Aaron, Trainer
Toronto, Canada — November 23, 24 & 25, 2007

INFORMATION AND REGISTRATION:

Susan Aaron: 416-699-3211, aaron@youremotions.com
www.youremotions.com

PSYCHODRAMA & Creative Arts Therapy Institute, NYC

Saturday Psychodrama Training & Personal Growth Workshops

2007: 3/03; 4/07; 5/05; 6/02

251 West 80th Street 4th Floor

Director Training Weekend

2007: 5/18 - 5/20

- Weekly Psychodrama Training Groups
- Psychodrama Therapy Groups
- Individual, Group Supervision & Consulting
- Literature Review & Exam Prep Course

Approved CEU provider for: NAADAC, NBCC,
National Registry of Group Psychotherapy

For Information and Additional Offerings, Contact:
Louise Lipman, LCSW, CGP, TEP
lipmannyc1@aol.com 917-698-2663

New Location!
Bring this Ad for a Free Workshop!



May 28 - June 1, 2007
Directing with Confidence

Barbara Guest, MSW, TEP and
Donna Chantler, MEd, PAT

July 22 - 27, 2007
Spirituality and Psychodrama

Donna Little, MSW, TEP,
Susan Aaron, BA, Dir. Psych (Can) and
Miriam Zachariah, MEd, PAT

Toronto Centre for Psychodrama & Sociometry
registration@tcps.on.ca • www.tcps.on.ca
(905) 844-2492

ASGPP LIFETIME MEMBERS

Shirley A. Barclay, Sue Barnum,
Dena Baumgartner, Adam Blatner,
Dale Richard Buchanan,
Jeanne Burger, Martha Bush,
G. Couth Calven, John Cannon,
Robert O. Clark, Mario Cossa,
Cathy Deats, Nina Garcia,
Jacob Gershoni, Kay Grimes,
C. Rhode Hardy, Kate Hudgins,
Andrew R. Hughey, David A. Kipper, Nancy Kirsner,
Stephen F. Kopp, Louise Lipman, René Marineau,
Sue McMunn, Rosalie Minkin,
Zerka Moreno, Andrea Lowry Offner,
Linda Kay Oxford, Mary Ann Palmer, Herb Propper,
John Rasberry, Rebecca Rucker, Elaine Ades Sachnoff,
James M. Sacks, Anne Schutzenberger,
Ella Mae Shearon, Gong Shu,
Jaqueline Dubbs Siroka,
Robert Siroka, Guy Taylor, Jan Tras,
Daniel J. Wiener, Marie Welsch,
Natalie Winters, Nick Wolff

MID-SOUTH CENTER


FOR **PSYCHODRAMA**
AND **SOCIOMETRY**

MAY 19 - 20, 2007
Sociometry:
Study of Inter-Relationships

JUNE 23 - 24, 2007
Do, Un-do, Re-do:
Treatment of Trauma

JULY 14 - 15, 2007
Using Psychodrama & Sociometry
in Marriage/Family Therapy

John Rasberry, MEd, LMFT, PAT
602 Jefferson, Tupelo, MS 38804
662-841-0881 · midsouthcenter@bellsouth.net

HOLLANDER INSTITUTE

The Hollander Institute for Human Development
and Family Growth continues to offer Psychodrama Training
in the best tradition taught by Carl.

Hours count toward certification.

TRAIN WITH

**Drs. Erica Michaels Hollander, PAT and
Marian Craig, TEP**



10561 Sandstone Run, Littleton, CO 80125
(303) 978-9091 • fax (800) 390-8745
ericahollander@comcast.net
www.hollanderinstitute.com



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF
GROUP PSYCHOTHERAPY & PSYCHODRAMA
301 N. Harrison Street, Suite 508
Princeton, NJ 08540

FOUNDED IN 1942

Non Profit
US Postage
PAID
Princeton, NJ
Permit No. 380